



El Cerrito High School

James Morehouse Project

► James Morehouse Project: Who We Are

The James Morehouse Project (JMP) works to create positive change in the ECHS community through medical services, counseling/youth development, and school-wide initiatives. Founded in 1998, the JMP (formerly the ECHS Community Project) assumes youth have the skills, values and commitments to make positive change happen in their own lives and the life of our school community.

Health Center Background: In 2010 the ECHS Community Project took Mr. Morehouse's name to honor his 35 years of service to the El Cerrito High School community. Mr. Morehouse loved, mentored and inspired two generations of staff and students (from 1968-2003). In taking on his name, the James Morehouse Project commits to carrying on his legacy of love, respect and service for generations to come.



► Services Provided

Counseling and Support Services: Provided by James Morehouse Project (JMP) staff, interns from local universities (UC Berkeley, SF State) and partner agencies (Bay Area Community Resources, Community Violence Solutions, Niroga Institute, STAND! For Families Free of Violence, Y-Team/YMCA East Bay).

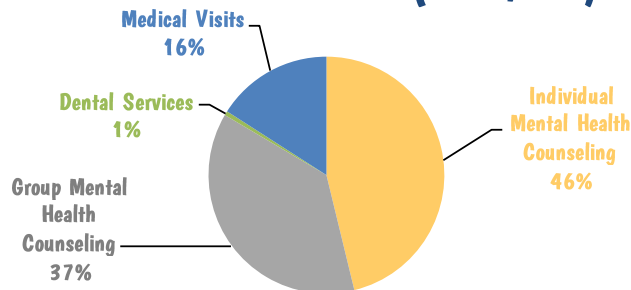
Restorative School-Wide Programs: JMP school-wide activities strengthen and sustain a safe and caring school community for all students, parents and staff.

- **Restorative Circles**—JMP leads supportive & healing circles with students, parents & staff.
- **Teacher & Staff Support**—JMP offers a range of support and trainings to teachers.
- **Parent Support/ELAC Parent Group**—JMP supports parents in the community of English Language Learners.
- **Classroom Dynamic Mindfulness**—Culture Keepers and Niroga staff lead weekly practices in classrooms to reduce stress and improve focus.

Youth Development: JMP students mentor elementary school students, provide peer health education (as Youth Health Workers), mediate peer conflicts, participate in Research-Action projects in the community and lead mindfulness practice in classrooms. JMP staff also “push in” to English Language Development (ELD) classrooms to lead activities that support strong social integration at school, self-confidence and solidarity among recent immigrants.

Medical Services/Health Education: Dental services, physical exams, family planning, screening and treatment of sexually transmitted infections (STIs), immunizations and primary care referrals are provided by Contra Costa County Health Services.

SBHC Visits Provided (n=4,336)



► Medical Services: Contra Costa Health Services

Medical: On-site through a fully operational clinic

Total Number of Youth Served	255
Total Number of Visits	692
Total Number of Visits Per Student	2.7



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► Spotlight on the Culture Keepers

The Culture Keepers (CK's) are youth leaders who partner with adult staff to strengthen relationships between and among youth and adults in the ECHS community and create a positive and vibrant school climate. The CK's began in 2015 as an innovative collaboration among the JMP, a community partner (the Niroga Institute), teachers and school administrators. CK's lead dynamic mindfulness in classrooms, support peers struggling with classroom behavior, and facilitate peer conflict mediations. The CK project has been a huge success and will be continuing next year!



The JMP has helped me be more mature, more confident. It's been good, I can see the change in me and other people can see it. I know I can do something if I'm willing to tell myself to do it. The JMP's an awesome place to be."

-Student, 4-year JMP participant

► Special Acknowledgement for our Partners & Supporters

Community Partners

Bay Area Community Resources
California School-Based Health Alliance
California State University East Bay School of Social Work
Community Violence Solutions
Contra Costa County Health Services
Niroga Institute
New Conservatory Theatre
San Francisco State University School of Social Work
Stand! For Families Free of Violence
UC Berkeley School of Social Welfare
YMCA of the East Bay (The Y-Team)

Leadership/Support Groups: (may change year to year.)

Culture Keepers—peer leadership
ELAC Youth Group—English learners
Fairmont Mentors—service learning
Individuals—friendship group
Legacy—grief group
Migration & Journey—new to USA.
Skittles—LGBTQ students of color
TUPE—Tobacco prevention peer ed.
Young Men's & Women's Groups
Youth Health Workers—peer health ed.



Connecting health and opportunities to El Cerrito High School



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